



Ohana History

Ohana Wa'a Outrigger Canoe Center was established in 2005. Our founders wanted the opportunity to race in long distance races out of the area so they bought their first canoe and our club began.

Eleu - The first canoe purchased in 2005. It is a Mirage canoe. Name means: lively, spiritual, adventurous.

Anuenue - A Malia Canoe came from Kilohana OCC in 2010. It's an original boat from Ke Anuenue and one of the NCOCA original club canoes. Name means: rainbow.

Kaiola - Our other Mirage canoe. Purchased from Mendocino OCC. Purchased in 2010. Name means: more sea (kai=sea + ola=more).

John O'Brien (JOB) - On loan for a few years as we built our keiki program then purchased in 2016 from He'e Nalu OCC. JOB is our only Bradley canoe.

Kainehi and Haunani Kamakani - Malia and Mirage canoes purchased from Kaimanu in 2020.

Please visit our website:

www.ohanawaa.org

for important information on:

- ◆ **The history of outrigger canoeing**
- ◆ **Anatomy of the canoe and jobs of specific seats**
- ◆ **Links for videos on: Paddling technique or huli drills**

NCOCA Code of Ethics

Canoe clubs have the responsibility to promote good sportsmanship among their paddlers, coaches, and members, as a part of their program. Good sportsmanship includes observance of race rules as well as of the laws of the county, state and nation.

The personal conduct of all members of the canoe clubs belonging to this Association shall be above reproach at all times. Any member who by their personal conduct directly reflects discredit upon this Association shall be subject to such action as deemed appropriate by the Canoe Club to which said member belongs, and/or the Race Committee and/or the Board of Directors.

Every member, of every canoe club in the NCOCA, will be handed a copy of the Code of Ethics prior to payment of their membership to their respective clubs.

Violations of good sportsmanship include situations such as when a canoe is deliberately rammed; when a disqualified crew deliberately interferes with an event or race; when a paddler assaults another person or uses abusive language in connection with an event, regatta or race; or when a rule is knowingly violated in connection with a race or regatta.

Drugs and intoxicating beverages will not be tolerated nor permitted during racing competition. Any member observed acting under the influence of drugs or intoxicants shall be barred from further participation in the regatta schedule for that day. Those areas dominated by NCOCA paddlers in connection with Outrigger activities shall be defined as: areas of lodging, and any activity carrying the name of the NCOCA or an NCOCA member club. Beginning immediately, there will be no alcohol allowed during regattas or races and following awards ceremonies at any site, regarded as an Outrigger designated area (either formally or implied). If club members wish to indulge, they must do so in other areas such as private parties (outside of Outrigger dominated areas), or other establishments that are normally used for this purpose. Completion of the outrigger race or NCOCA sanctioned event is defined as when the award ceremony is completed and ALL water craft have been placed on the trailers and prepared for transport.

A warning be issued to a Club president regarding any infraction. If the infraction continues, a \$100 fine will be imposed on the Club by the NCOCA. A second infraction will result in the Club being barred from competing in the next regatta; a third infraction will result in the Club being barred from the remainder of the regatta season.



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Napa, CA 94581
(707) 200-1177
ohanawaaocc@gmail.com



Find us on Facebook by
searching:
Ohana Wa'a OCC

OHANA WA'A OUTRIGGER CANOE CENTER MEMBERSHIP INFORMATION

Practice Site:

Napa Valley Yacht Club

100 Riverside Dr.

Mailing Address:

PO Box 5634

Napa, CA 94581

(707) 200-1177



Mission Statement

Our mission at Ohana Wa'a (Family Canoe) is to perpetuate the Hawaiian "Aloha Spirit" by treating one another, the ocean, and the earth with respect. We purpose to strengthen our minds and bodies, by sharing our passion for the ancient sport of outrigger canoe racing with our keiki (children) and communities.

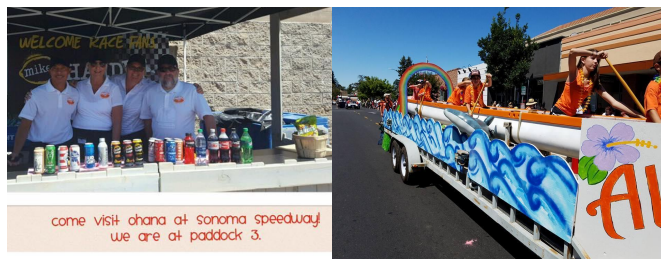
Participation Expectations

As a member of Ohana Wa'a...

We are a non-profit organization (501c3) that participates in fundraising events throughout the year to help defray the costs of club operations. We rely on members and their families to participate and are very appreciative for everyone's help. Members agree to participate in a **fundraising events** during the season.

We fundraise at Sonoma Speedway selling beverages and food at NASCAR.

We host Paddle for a Cure (P4C) at the Napa Yacht Club as a fundraiser and community event.



Racing Expectations

Sprint and Long Distance Competitors

- ★ Competition paddlers are encouraged to attend practice regularly and be available for most race days so that regular crews can be established by age division. This provides the opportunity to practice together and blend as a crew. If necessary, seats will be given to paddlers that have higher attendance.
- ★ It is important to train on non-practice days (steady state cardio for at least 45 minutes, strength train or stretching).
- ★ Many hands make light work so we ask that paddlers come to practice on time to help load the canoes and gather safety equipment and stay until canoes are cleaned and put away.
- ★ Important information is discussed at the close of practice so in order to stay up to date, attendance is recommended.

2024 Events

Please use our TeamStuff account to communicate your availability for club events. Club events can be found in 2 places: TeamSnap and Ohanawaa.org.

Practice days & times

Adults: Mondays and Wednesdays 5:30pm - sunset
Saturdays based on tides and racing divisions
Keikis (aged 8-18): Saturdays based on the tides until Summer.



Coaching Staff

Michelle Domingo
Coach Bailie
Sean Latorre
Danna Wong
Tom Wong

Our Team Chant

Pa'a kamoli
Pa'a kalani
Pa'a ohana wa'a
I ke ku kahi
Ekahi, elua, ekolu (we chant this together)
Hu
Translation:
One with the earth
One with the heavens
One with Ohana Wa'a
All together now
1, 2, 3



Steps to becoming a team member

In order to complete registration, you must provide:

1. All registration forms (membership, emergency, media, and NCOCA waiver)
2. Pay dues and/or race fees
3. Provide a birth certificate, passport or driver license photo
4. Have a coach take your picture for your NCOCA registration and race card
5. Accept invitation on our TeamStuff app to sign up for events and add the app to your phone
6. Find us on Facebook by searching for: Ohana Wa'a OCC

